

# **INTERNATIONAL YACHT TRAINING WORLDWIDE**

## **MEDICAL/PHYSICAL STANDARDS**

A satisfactory physical/optical examination based on this form will satisfy the medical requirements to hold an IYT Worldwide Master of Yachts Certificate. For service on MCA Vessels an ENG1 Seafarers or recognised equivalent will be required

***Please note that some conditions such as color blindness and epilepsy will restrict a candidate's ability to obtain a commercial qualification.***

### **PART 1      MEDICAL FITNESS STANDARDS**

In addition to normal fitness standards, the following conditions are specified to ensure the person can perform the relevant duties on a vessel without creating an unacceptable risk to him/herself, other members of the crew or the safe operation of the vessel.

#### **1. HERNIA**

Applicant has no condition of hernia unless corrected by a curative operation.

#### **2. SPEECH**

Applicant has clear speech without hesitation.

#### **3. HEARING**

Hearing ability should be tested by the whispered voice, watch or other approved tests. Hearing loss should not exceed 20 decibels for the frequencies of 500Hz, and 1000Hz and 2000Hz. When hearing level does not meet these standards, hearing aids may be accepted providing the above standards can be reached when using the aid and watch keeping duties at sea can be adequately performed.

#### **4. ARTIFICIAL LIMBS**

Each case considered on its merits.

#### **5. EPILEPSY**

Persons who suffer from epilepsy are unfit for certification. However there may be exceptions – Please see full details over the page

#### **6. CARDIAC PACEMAKER**

A person with a cardiac pacemaker must satisfy a medical doctor who should take into account the nature of the disease and the reliability of the pacemaker.

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### **STATEMENT BY QUALIFIED MEDICAL PRACTITIONER**

I certify that I have examined.....  
(Full Name of Applicant)  
and that this person meets the requirements in items 1-6 detailed above.

SIGNATURE of DOCTOR .....

NAME OF DOCTOR .....

STATE LICENSE NUMBER.....

ADDRESS .....

PHONE NUMBER.....

DATE of EXAMINATION: ...../...../.....

**PTO.....Page 2**

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## PART 2

## EYESIGHT FITNESS STANDARDS

### EXPLANATORY NOTES:

1. The underlying principle for these standards is that a person conducting a navigational watch is capable of sighting the lights and signals of other vessels as well as hazards to navigation at a safe distance, in typical weather conditions at sea.

2. Persons with one eye or poor vision in one or both eyes MUST obtain a report from a qualified OPHTHALMOLOGIST.

### 1. ( a ) With or without aids to vision, minimum 20/40

Left eye \_\_\_\_\_

Right eye \_\_\_\_\_

### 1. ( b ) Without aids to vision pass a color vision test

The ISHIHARA Test or similar may be used.

\_\_\_ PASS

\_\_\_ FAIL

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### STATEMENT BY DOCTOR OR OPTOMETRIST

I certify that I have examined.....  
(Full Name of Applicant)  
and that this person meets the requirements detailed above.

SIGNATURE of DOCTOR .....

NAME of DOCTOR/OPTOMETRIST.....

STATE LICENSE NUMBER.....

ADDRESS .....

PHONE NUMBER.....

DATE of TEST: ...../...../.....

### NOTE: EPILEPSY – MCA guidelines

#### Single seizure

**Category 3 Temporarily unfit** for sea service - for one year after seizure AND one year after end of treatment, then Cat 1, Fit for sea service, with no restrictions

#### More than one seizure

**Category 1, Fit for sea service**, with no restrictions - if seizure-free for at least the last ten years, has not taken anti-epileptic drugs during that ten year period, AND does not have a continuing liability to seizures.

Or

**Category 2 Fit for sea service but with restrictions-** if at least 2 years seizure-free and either off medication OR on stable medication with good compliance; **case by case assessment of fitness for non-watchkeeping UK near-coastal crew.**

If none of the above then **Category 4 Permanently unfit for sea service**